Acts of Kindness

Feeling lost with how to help our world through these unprecedented times? Do you have an urge to give back but aren't sure how to navigate through the new virtual service world?

The DISCOVER team has put together a community service activity that we hope all Summit participants will choose to take part in. This activity takes place October 5th - October 16th, 2020. Don't know where to start? See some helpful service ideas below!

There will be prizes for participants who are randomly selected in a virtual raffle!

- Join the fight against Racial & Social Injustice
 - Donate: Support organizations such as the NAACP, Equal Justice Initiative, Campaign ZERO and many more
 - ⇒ Learn/ Discuss: LinkedIn Learning's "Allyship in Action" course or LinkedIn Learning's "How to Engage Meaningfully in Allyship and Anti-Racism" Learning Path
- Virtual Tutoring or Mentoring
 - ⇒ https://upchieve.org/volunteer
- Donate Blood
 - Blood donation is always needed, especially in times of crisis. With blood donation events and drives canceled due to the spread of COVID-19, the American Red Cross has a severe blood shortage.
- Make masks to donate
 - ⇒ https://www.cdc.gov/coronavirus/2019ncov/prevent-getting-sick/diy-cloth-facecoverings.html

- Help a blind person with visual assistance through video call
 - ⇒ https://www.bemyeyes.com/
- Donate your time to help people with print disabilities read
 - ⇒ https://www.bookshare.org/cms/get-involved/volunteer
- Deliver Meals and Groceries to Vulnerable Seniors
 - Help out someone you know or contact your local <u>Meals on Wheels</u> to learn ways to volunteer
- Write a Letter to a member of the armed services or frontline workers
 - ⇒ https://supportourtroops.org/cards-letters
 - ⇒ https://www.lockdownletters.org/
- Donate baked goods or a meal to a hospital or shelter
 - ⇒ https://www.foodbanking.org/covid19/
- Fundraise for a cause that is important to you!

